

HERBlessings®

Blessed by Herbs, Backed by Science ...



Traditionally our Food Habits have a high importance for HEALTH BENEFITS. Vegetables, Fruits, Nuts, Spices, Grains, Pulses, Herbs or anything that we eat are based on their intrinsic value to protect and strengthen our health.

Recent studies confirm that Indian food heritage is the best in the world as it not only nourishes but also protects our health.

The HERBS being nature's gift , we in HERBlessings , in the proces of bringing some of these Blessings... HERBS for a specific health benefit ...

இயற்கைகளின் அற்புதம்
எழுவன ஆகிராக்ஷன்

Mixed with



Cooked rice



Sprinkled on your Dosa



Soup or any food

How to Use:

One to Two teaspoons (5 to 10 grams) of Hi-Poshac powder can be mixed with cooked rice or sprinkled on your Dosa, Soup or any food of your taste. You can also add GHEE or edible OIL for taste. Tightly close the container after the use.



Hi-Poshac

Powder



ஒரு ஸ்பூனில் உங்கள் ஆரோக்கியத்தை தொடங்கிடுங்கள்...

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|------------------|----------------|----------------|
| • Black urad dal | • Sesame seed | • Curry Leaves |
| • Flaxseed | • Roasted Gram | • Black Pepper |
| • Peanut (Long) | • Cumin Seed | • Red Chilli |
| • Moringa leafs | • Horse gram | • Rock Salt |
| • Toor Daal | • Asafoetida | |

BonaFrend®

Tablets

Bone friendly BonaFrend Combines Cissus Quadrangularis (Pirandai) with Tumeric and black pepper.

- ♦ Pirandai is the best NATURAL source of **Calcium, Vit-C, Fibre, Phytoestrogen and Flavanoids**
- ♦ Pirandai strengthens Bone by regulating bone mineralization.
- ♦ Pirandai and Turmeric also known for its Anti-inflammatory properties.
- ♦ BonaFrend for STRONGER BONES

AhamNeem®

Tablets

Neem was reported to be the first Herbs identified in our tradition for its medicinal properties. AHAMNEEM Tablet Combines air dried neem leaves with pure turmeric and pepper.

- ♦ Neem and Turmeric promotes a healthy digestive system by eliminating the toxins & harmful bacteria in alimentary canal and keep the GUT clean.
- ♦ Neem and Turmeric also improves immunity.
- ♦ Neem is proven to purify the body
- ♦ Pepper helps in digestion and also maximizes the turmeric absorption.

Both Ahamneem and BonaFrend tablets are free from any synthetic binders, coloring agents and no additives. 100% organic and uncoated tablets manufactured with high standard and the process as per norms.





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★ HERBAL SUPPLEMENTS ★