

HERBlessings®

Blessed by Herbs, Backed by Science ...

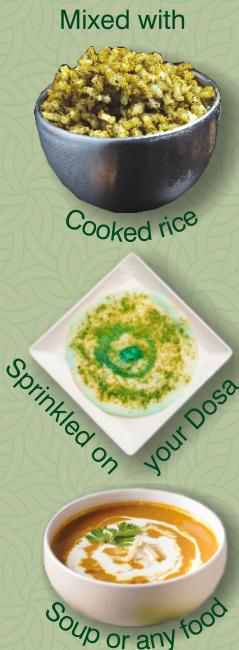


Traditionally our Food Habits have a high importance for **HEALTH BENEFITS**. Vegetables, Fruits, Nuts, Spices, Grains, Pulses, Herbs or anything that we eat are based on their intrinsic value to protect and strengthen our health.

Recent studies confirm that Indian food heritage is the best in the world as it not only nourishes but also protects our health.

The HERBS being nature's gift , we in HERBlessings , in the process of bringing some of these Blessings... HERBS for a specific health benefit...

இனிமலையின் அரிசுத்தும் சுதாவன முதிர்க்கீஸ்



How to Use:

One to Two teaspoons (5 to 10 grams) of Hi-Poshac powder can be mixed with cooked rice or sprinkled on your Dosa, Soup or any food of your taste. You can also add GHEE or edible OIL for taste. Tightly close the container after the use.



Hi-Poshac

Powder



இரு ஸ்பூனில் உங்கள் முரோக்கியத்தை தொடங்கிடுங்கள்...

- ❖ Black urad dal
- ❖ Flaxseed
- ❖ Peanut (Long)
- ❖ Moringa leafs
- ❖ Toor Daal

- ❖ Sesame seed
- ❖ Roasted Gram
- ❖ Cumin Seed
- ❖ Horse gram
- ❖ Asafoetida

- ❖ Curry Leaves
- ❖ Black Pepper
- ❖ Red Chilli
- ❖ Rock Salt

BonaFrend® Tablets

Bone friendly BonaFrend Combines Cissus Quadrangularis (Pirandai) with Turmeric and black pepper.

- ❖ Pirandai is the best NATURAL source of **Calcium, Vit-C, Fibre, Phytoestrogen and Flavanoids**
- ❖ Pirandai strengthens Bone by regulating bone mineralization.
- ❖ Pirandai and Turmeric also known for its Anti-inflammatory properties.
- ❖ BonaFrend for STRONGER BONES



AhamNeem® Tablets

Neem was reported to be the first Herbs identified in our tradition for its medicinal properties. AHAMNEEM Tablet Combines air dried neem leaves with pure turmeric and pepper.

- ❖ Neem and Turmeric promotes a healthy digestive system by eliminating the toxins & harmful bacteria in alimentary canal and keep the GUT clean.
- ❖ Neem and Turmeric also improves immunity.
- ❖ Neem is proven to purify the body
- ❖ Pepper helps in digestion and also maximizes the turmeric absorption.



Both Ahamneem and BonaFrend tablets are free from any synthetic binders, coloring agents and no additives. 100% organic and uncoated tablets manufactured with high standard and the process as per norms.





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